

I am a Palliative Care Nurse in Ballarat. Part of my position is to teach and educate nurses on death and dying and the journey that it takes people on. What an incredible honour it is to be there when someone leaves this world. In my job I have seen many people ride this journey – some do it with dignity and some fight like a mad cat to stay in this world. But each person's experience is one of uniqueness.

There is a beautiful book called 'Dying to Know – Bring death to Life' by Pilotlight (Hardie Grant Books) – 60 thoughts that reflect on bringing death to life. I quote 'If you knew when it was coming, would you do anything differently? Why wait?'

Your concept of a **liferal** celebration is one I will be sharing with my colleagues and with my patients.

Jade Odgers, Coordinator, Grampians Regional Palliative Care Team